



Herts Disability
Sports Foundation
Charity Number 1156034



Wheelathon 2025
Wednesday 13th August
at Ridlins Athletics Track in Stevenage
Woodcock Road, Stevenage, Herts, SG2 9PA



Teams

- Teams of 1 to 4 people - No age limits
- Each team will complete as many laps as possible in an hour
- Members of the team take it in turns to complete their laps (if needed)
- Sponsorship can be per lap or a single amount for the whole event
- Laps must be completed on wheels to be counted
- One scoring member of the team on the track at a time (if any team members need support an adult can go with them)
- All members of the group will use a wheeled vehicle (helmets must be worn)

Vehicles

- A range of wheeled vehicles for all team members to borrow will be provided
- Any personal wheelchairs, trikes, bikes, scooters, handbikes etc can be used

Online Sponsorship

- HDSF will have an HDSF Just Giving page for the event
- Teams can use the HDSF page or create their own linked fundraising page on Just Giving
- Teams will be given a scoring card to confirm the number of laps completed

Paper sponsorship forms

- Paper sponsorship forms are available on request
- Paper sponsorship forms must be brought to the event so we can confirm the number of laps completed
- Money raised to be returned to HDSF by 13th September 2025

What is the money raised for?

- All money raised will help HDSF continue and develop activities for people with SEN & disabilities in Hertfordshire



www.hdsf.co.uk